

**Allergen Containing**

- G** Contains Gluten
- D** Contain Dairy

# Cougar café

- V** Vegetarian
- VG** Vegan
- GF** Gluten Free
- CF** Cage Free
- FR** Free Range
- OR** Organic
- GF** Grass Fed

**March**

Local, fresh and organic food cooked from scratch and with care. All Meals Come with Clover Farms 1% Milk or 100% No Added Sugar Juice Pouch

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<p><b>Breakfast For Lunch</b></p> <p>Silver Dollar Pancakes</p> <p><b>V</b> Cage Free Eggs Scramble</p> <p>Apple Wood Bacon</p> <p>Fresh Fruit</p>	<p><b>Platillos Latinos</b></p> <p>Shredded Chicken Quesadilla</p> <p>Clover Farms Cheese Blend</p> <p>Spanish Rice &amp; Refried Beans</p> <p><b>V</b></p>	<p><b>Stone Hearth Pizza</b></p> <p>Cheese with Rumiano Farms Cheese</p> <p>Cucumber &amp; Heirloom Tomato Salad with House Vinaigrette</p>	<p><b>Asian Fusion</b></p> <p>Cage Free Chicken Chow Mein, Stir Fried Vegetables</p> <p>Crispy Vegetable Spring Roll</p> <p>Organic Orange</p> <p><b>V</b></p>	<p><b>Street Food</b></p> <p>Chicken Fingers</p> <p>Jojo Fries</p> <p>Fresh Fruit</p> <p><b>V</b></p>
9	10	11	12	13
<p><b>Breakfast For Lunch</b></p> <p>Breakfast Burrito</p> <p>Bacon, Cage Free Eggs, Chees</p> <p>Yukon Gold Potatoes</p> <p>Fresh Fruit</p>	<p><b>Platillos Latinos</b></p> <p>Three Cheese &amp; Bean Burrito</p> <p>Organic Spanish Rice</p> <p>Fresh Fruit</p>	<p><b>Stone Hearth Pizza</b></p> <p>Cheese with Rumiano Farms Cheese</p> <p>Cucumber &amp; Heirloom Tomato Salad with House Vinaigrette</p>	<p><b>Asian Fusion</b></p> <p>Teriyaki Chicken Bowl</p> <p>California Long Grain Rice</p> <p>Housemade Teriyaki Sauce</p> <p>Sauteed Veggies</p>	<p><b>Global Adventure</b></p> <p>Housemade Spaghetti, Meat Ragu</p> <p>Buttered Pasta, Oven Baked Bread Stick</p> <p>Local Sourced Italian Roasted Vegetables</p>
16	17	18	19	20
<p><b>Breakfast For Lunch</b></p> <p>Waffle sticks</p> <p>Cage Free Eggs Scramble</p> <p>Bacon</p> <p><b>V</b> Fresh Fruit</p>	<p><b>Platillos Latinos</b></p> <p>Silver Dollar Pancakes, Cage Free Egg Scramble</p> <p>Applewood Smoked Bacon</p> <p>Fresh Fruit Bowl</p>	<p><b>Stone Hearth Pizza</b></p> <p>Cheese Pizza with Rumiano Farms Cheese</p> <p>Garden Caesar Salad with Grape Tomatoes, English Cucumbers, &amp; House Dressing</p> <p style="font-size: small; text-align: center;"><a href="#">This Photo by Unknown Author is licensed under CC BY-SA</a></p>	<p><b>Asian Fusion</b></p> <p>Free Range Chicken Fried Rice</p> <p>Vegetable Spring Roll</p> <p>Fresh California Orange</p> <p><b>V</b></p>	<p><b>Kitchen Table</b></p> <p>NO</p> <p>School</p>
23	24	25	26	27
<p><b>Breakfast For Lunch</b></p> <p>Cage Free Eggs Scramble</p> <p>Sausage</p> <p>Tater Tot Hash Browns</p> <p>Fresh Fruit</p>	<p><b>Taco Tuesday Platillos Latinos</b></p> <p>Grass Fed Beef, Corn Tortilla,</p> <p>Spanish Rice &amp; Refried Beans</p> <p>Heirloom Garden Salad</p>	<p><b>Stone Hearth Pizza</b></p> <p>Cheese Pizza with Rumiano Farms Cheese</p> <p>Garden Caesar Salad with Grape Tomatoes, English Cucumbers, &amp; House Dressing</p>	<p><b>Asian Fusion</b></p> <p>Sweet &amp; Sour Pork, Sweet Glaze</p> <p>Peppers &amp; Onions Saute</p> <p>California Long Grain Rice</p> <p>Roasted Italian Vegetables</p>	<p><b>Kitchen Table</b></p> <p>Free Range Chicken Alfredo, Penne Pasta</p> <p>Garlic Bread</p> <p>Roasted Italian Vegetables</p>
30-Mar	31			
<p><b>Street Food</b></p> <p>Grilled Cheese</p> <p>Sourdough Bread</p> <p>House Fries</p> <p><b>V</b></p>	<p><b>Kitchen Table</b></p> <p>Baked Creamy Pasta</p> <p>Garlic Cheesy Bread</p> <p>Roasted Italian Vegetables</p>			